

CONCORDIA COLLEGE – MOORHEAD MN
Health Education Major

The major in Health Education prepares students to be recommended by the
 Concordia College Department of Education for Minnesota licensure to teach in grades 5-12.
 Courses fulfill standards for MN Rule 8710. 4500

The requirements are 37 credits plus 28 credits in education:

Course Number	Course Name	Semester Credits	Status
Required Physical Education/Health Courses:			
P ED 111	Wellness	1	
HLTH 141	Personal & Social Health	4	
HLTH 143	First Aid and CPR: Emergency Response	2	
HLTH 220	Introduction to Health Education & Health Promotion	2	
HLTH 340	Comprehensive School Health Programs	2	
P ED 252	Prevention and Care of Athletic Injuries: Sports-related injuries	2	
Other Required Courses:			
FND 321	Nutrition	4	
BIOL 101 (*)	General Biology	4	
BIOL 306	Human Anatomy & Physiology	4	
ENVR 103	Ecosystems & Human Influence	4	
Choose 4 credits from the following:		4	
SOC 231	Sociology of Families (4 cr)		
SOC 332	Society & Human Sexuality (4 cr)		
Required Methods Course:			
EDUC 386	Elementary & Secondary Health Methods of Teaching	4	
Education Requirements:			
PSYC 212	Educational Psychology	4	
EDUC 210	Foundations in K-12 Education	2	
EDUC 221	Teaching in the Middle School	2	
EDUC 350	The Art and Science of Teaching	2	
EDUC 351	Ecology of the Educational Setting	2	
EDUC 399	Orientation to Student Teaching	0	
EDUC 420	Knowledge, Literacy and Inquiry	2	
EDUC 425	Education of the Exceptional Child	2	
EDUC 439	Human Relations	2	
EDUC 498	Student Teaching	10	

(*) Biology 101 is a pre-requisite for BIOL 306 (not calculated in major GPA)